

Suffolk County EGA Unfinished Object Challenge

What is a “UFO”? An Unfinished Object is an embroidery project that you’ve started but stopped making progress on and put away for weeks, months or even years. They can also be embroidery projects that you’ve inherited from family and friends who are not able to complete them.

Projects can become a UFO for many reasons. You may have lost interest in the project, got stuck on a step or were drawn to the excitement of a new project. A *Needlearts* (September 2025) article lists “Shiny Object Syndrome (SOS)” as the #1 reason stitchers have UFOs!

Some tips to reduce your UFO stash:

1. Get organized. Take stock of your UFO projects to see what you have.
2. Make a plan. Decide what the next step is for each UFO. What supplies do you need? What technique do you need help with?
3. Alternate between new and UFO projects. Try completing a UFO before starting a new project.
4. Let go of the guilt. It’s okay to give up on a project that is causing stress or that you’ve fallen out of love with. You can donate it, pass it on to someone who wants it or salvage the usable parts.
5. Team up. Find a friend to hold each other accountable for finishing projects.

The Suffolk County EGA Chapter members want to team up to get at least 1 UFO project completed this year! Join the “UFO Challenge” to get motivated to finish a project that you’re “this close to being done”! All projects (1 per member) entered in the challenge and completed by the September meeting will be entered into a chapter raffle for a \$50 gift card!

I, _____

pledge to complete the following embroidery project by the September Chapter meeting:

Designer: _____

Date Commitment Made: _____ Date when you started this project: _____

Date Completed: _____ Signature: _____